



BUILD KAILASA SERIES

कैलास गुरु पूजा KAILASA'S GURU PŪJĀ

TRAINING FROM BHAGAVAN PARAMASHIVA'S MESSAGES
DIRECTLY FROM MAHAKAILASA REVEALED THROUGH THE
NĪJAVATARA THE LIVING MANIFESTATION,
PARAMAVATARA OF BHAGAVAN PARAMASHIVA

THE SPH NITHYANANDA PARAMASHIVAM





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||| SADGURU - VANDANAM |||

Let's start with a prayer - a simple way of thanking the ultimate intelligence for gracing us here today.

Scripture reveals that creating a conscious resolution at the beginning of anything invokes the presence of the Guru, marking His blessings and auspicious outcome of the action.

नित्यानन्दं परमसुखदं केवलं ज्ञानमूर्तिं
द्वन्द्ववातीतं गगनसदृशं तत्त्वमस्यादि-लक्ष्यम् ।
एकं नित्यं विमलम् अचलं सर्वधी-साक्षि-भूतं
भावातीतं त्रिगुण-रहितं सद्गुरुं तम् नमामि ॥

nityānandaṁ paramasukhadaṁ kevalaṁ jñānamūrtiṁ
dvandvātītaṁ gaganasadṛśaṁ tattvamasyādi-lakṣyam ।
ekaṁ nityaṁ vimalam acalaṁ sarvadhī-sākṣi-bhūtaṁ
bhāvātītaṁ triguṇa-rahitaṁ sadgurum tam namāmi ॥

I surrender to that *Sadguru* who is the eternal bliss, the bestower of supreme happiness, the One, who is the embodiment of wisdom, who is beyond duality, who is omnipresent, to whom the Supreme goal is giving the Enlightenment experience, who is eternal, pure and unshakable, who is the silent spectator of all thought processes, who is beyond emotions, who is without the three qualities called *Sattva*, *Rajas* and *Tamas*.





|| GURU PARAMPARA VANDANAM ||

नित्यानंदेश्वर परमशिव समारम्भां
नित्यानंदेश्वरी परामशिवशक्ति मध्यमाम् ।
अस्मदाचार्यपर्यन्तां वन्दे गुरुपरम्पराम् ॥

nithyānandēśvara paramashiva samārambhām nithyānandēśvari
paramashivashakti madhyamām |
asmat āchārya paryantām vande guru paramparām ||

In the *guru parampara vandanam* we offer our gratitude to eternal lineage to all Gurus, to all masters, I surrender to the Lineage of all the Enlightened Masters which has Sri Nithyanandeshwara Paramashiva as the beginning, Sri Nithyanandeshwari Parashakti as the middle, and my Guru Nithyananda as the entirety - from the source onwards.





THE SPH NITHYANANDA PARAMASHIVAM

The Supreme Pontiff of Hinduism (“SPH”) Nithyananda Paramashivam, is recognized as the 1008th living manifestation of Paramashiva, Paramavatar of Paramshiva as per Sanatana Hindu Dharma (“Hinduism”) and by His predecessors of enlightened masters and adepts. The SPH Nithyananda Paramashivam is reviving Hinduism as the 1008th Acharya Mahamandaleshwar (the head for all spiritual leaders) of Atal Akhada (ancient apex body of Hinduism), coronated as Mahamandaleshwar (Supreme Spiritual Head) of Maha Nirvani Akhada (largest apex monastic order) and the youngest Mahamandaleshwar, ordained as the 233rd Guru Mahasannidhanam (Pontiff) of Thondai Mandala Aadheenam, ordained as the 293rd Guru Mahasannidhanam (Pontiff) of Shyamalapeeta Sarvajnapeetam, ordained as the 23rd Guru Mahasannidhanam of Dharmamukthi Swargapuram Aadheenam, and coronated as the 203rd Emperor of Suryavamsa Surangi Samrajyam.

The SPH Nithyananda Paramashivam is the reigning spiritual emperor of 20 ancient traditional Hindu kingdoms and the reviver of the most ancient, most peaceful, still-living and long-lasting demonstrable system that shows the possibility of peaceful co-existence amongst people. Following the coronation to establish KAILASA worldwide at the age of 16, for the past 27 years, The SPH Nithyananda Paramashivam, as the face of the unified Hindus, has been single-handedly, tirelessly inspiring the dispossessed Hindu Diaspora to reclaim their Hindu centric freedom and stand unified for the centuries-old Hindu genocide.





THE SPH NITHYANANDA PARAMASHIVAM

The 1008th living manifestation of Paramashiva, The SPH Nithyananda Paramashivam stands as the unifying force for the 2 billion born and practicing Hindu diaspora worldwide and established the Hindu State, KAILASA for the persecuted Hindus in over 100 countries. The SPH Nithyanada Paramashivam has made resolute efforts towards recognizing and legitimizing the Hindu genocide which has been receiving scant consideration by global leaders and international bodies, The SPH Nithyananda Paramashivam founded KAILASA Uniting Nations.

For the past 27 years, this international body has been responsible in building relations, bridging dialogs, inspiring leaders, uniting nations towards acknowledging the Hindu policies which are universal, life positive as referenced from the ancient text of Hinduism. This is the 'ahimsa' (non-violent) way of bringing acknowledgment to the horrors of the Hindu genocide, the untold facts of the darkest act of mankind on Earth to the most contributing civilization - KAILASA.





THE SPH NITHYANANDA PARAMASHIVAM

The revival of Hinduism through the civilizational nation of Kailasa globally irked vested interests of atheistic terrorist militant elements, caste supremacist terrorists and other anti-Hindu forces who executed a massive persecution and genocide on The SPH and His followers on 2 March 2010 that continued for the next whole decade and comprised of over 70 assassination attempts, over 250 sexual assaults on The SPH and his monks and disciples, lawfare of 120 false cases over 10 years, massive hate propaganda in electronic media of over 14,000 hours and print media of over 25,000 articles in 5 years, destruction of heritage properties worth over 27 million USD, and the continuing ethnocide and genocide of over 80 million Hindus worldwide since 7 centuries.

Specifically, the lawfare involved:

- Delegitimizing The SPH by hate propaganda, disenfranchising Him of His civil and human rights, prejudicing Him from fair representation and fair trial
- Repeated illegal imprisonment, with brazen torture, custodial assassination attempts, supported by system justification in various forms, including the common processes of bureaucracy, indifference, self-deception, diffused responsibility, and has resulted in continued systemic complicity with torture, murder and genocide





THE SPH NITHYANANDA PARAMASHIVAM

- Well-planned multi-layer false hate propaganda by the ‘fourth estate’ media sustained by moral disengagement, leaving the broader public in a state of willful ignorance, motivated denial, victim blaming, dehumanization and bystander apathy to even genocide.

The United Nations has recognized and published in multiple reports about the contributions and persecution of The SPH JGM Bhagavān Nithyananda Paramashivam

“My life is not an individual’s history. The science of crores of Vedic Dharma’s incarnations and rishis has been realized once again in Me”.
<http://autobiographyoftheavatar.org/>





KAILASA - THE ANCIENT ENLIGHTENED CIVILIZATIONAL HINDU NATION

KAILASA is an apolitical nation whose vision is enlightened living for all. Towards this goal, KAILASA is the only Hindu nation on planet Earth today bringing legitimacy to the principles of Hinduism. Social principles, economic principles, judicial principles, Hindu medical principles, and Hindu economic principles. KAILASA is The SPH Nithyananda Paramashivam's response to humanity's global problems of poverty, hunger, illiteracy, disease, violence and global warming and the continuing ethnocide and genocide of over 80 million Hindus worldwide since 7 centuries.

Hinduism is the most ancient, most peaceful, still-living and long-lasting demonstrable system that shows the possibility of peaceful co-existence amongst people despite fundamental differences in their preferences and realities. Over the last 50 years, the effects of meditation and its significant impact on stress, crime rates, violence, political decision making and even war in local and global consciousness is well established. Unfortunately last two hundred years, forcibly we are made to believe Hinduism is functional principle only for enlightenment and spirituality. It is absolutely dysfunctional for the political, social, economical system. Making Hindu family structure, Hindu social structure dysfunctional is the greatest crime done against humanity.





KAILASA - THE ANCIENT ENLIGHTENED CIVILIZATIONAL HINDU NATION

Hinduism was once practiced freely in over 56 nations across the continent from Afghanistan, India, Nepal, Burma, Sri Lanka, all the way to Singapore, Malaysia, and Cambodia and Indonesia, and in 200 states, 1700 samasthanas (provinces) and 10,000 sampradayas (traditions).

Over several centuries the combined forces of foreign invasion, political upheaval, colonialism and religious persecution systematically ended millennia of Hindu Swarajya or self-rule. Today Hindu temples remain in few countries but the Hindus who worshiped in them have been ethnically cleansed.

The KAILASA with de facto spiritual embassies operating across over 100 countries and having presence across the globe as the largest spiritual knowledge source on Hinduism is spiritually governed with the life positive, all-inclusive, universal policies sourced from Hinduism revived by the SPH Nithyananda Paramashivam. Having enriched and enreached more than one billion individuals over the past 27 years the KAILASA raises the voice to protect Hindus, defend Hindus and preserve the Hindu narrative for the world.





ABOUT KAILASA'S GURU PŪJĀ

In less than 7 hours this science of KAILASA's Guru pūjā manual from kriya pada of Hinduism guides you step by step to experience the grace of Guru.

- The Guru or Master is not a vyakti (person) as you imagine. He is a tattva (principle). He is simply a physical representation of the Divine. In the vedic tradition, the spiritual teacher, the Guru or the Master, is said to be more important than God! God is always and everywhere, but it is the Guru who opens the disciple's eyes to the existence of God. The Master is the doorway to one's own experience of the Divine..
- The experience that happens in you is Guru energy, and can be experienced by manifesting one of your highest possibilities the Power of third eye.
- Manual includes Agamic guidelines on how to perform Guru Pūjā.





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KAILASA'S GURU PŪJĀ





Get Ready to Get Empowered

Migration is one of the greatest freedom human beings have; Not only you are empowered to migrate to other countries only human beings are empowered, hard wired to migrate to parallel universe, different lokas.

One glimpse of the parallel universe, you will have irreversible enlightenment. The moment consciousness is empowered to access and exist in the parallel universe in other lokas in vertical time zones, no force in this Bhu loka, planet Earth can torture you or suffocate you. It is irreversible permanent empowerment.

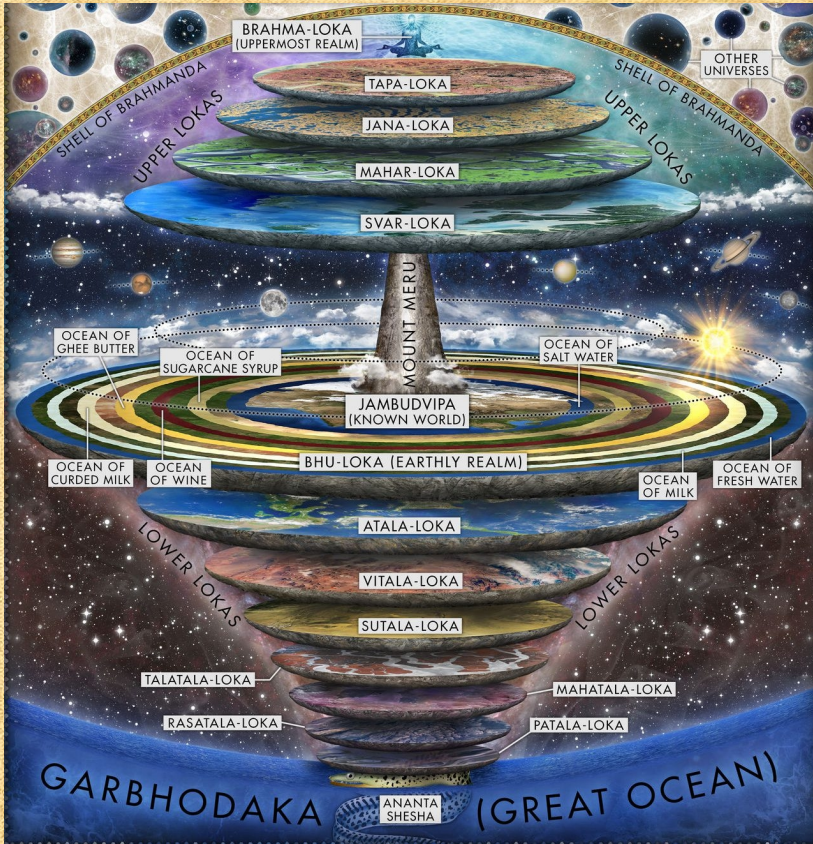
The purpose is to empower you and enlighten you. There are higher lokas, like Swarga Loka, Mahar Loka, Jana Loka, Tapo Loka, Vaikunta, Sripuram, KAILASA and finally MAHAKAILASA these higher lokas have their own ecosystems.

When you operate with powerful cognitions, you attract and experience, manifest the powerful dimensions of the universe. Beings of the powerful dimensions of the universe start supporting you, helping you, encouraging you, awakening you, fulfilling you. .





Realms of The Universe





Vertical Time Zones (Lokas) Of The Cosmos

<i>LOKA</i>	<i>ABODE OF</i>	<i>INNER SPACE</i>
Svar	Denizens of Heaven	Absolute energy, eternal life - the time does not tire you,
Mahar	Sage Marici	No self doubt, self hatred, self denial
Jano	Pitrus	Place where you can exist in multiple bodies at a time
Tapo	Great Ascetics, Yogi Sanandana, Rubhu, Sanatkumara and Sanaka	Last ultimate, the moment your drop your struggles, arrogance and psycho drama.
Satya	Lord Brahma	Deep surrender
Vaikuntha	Lord Parandhama	When you understand, your struggles are your stupidity
Sripuram	Devi Parashakti	Energy which keeps whatever you experience in that form
KAILASA	Angadevatas, Abharanadevatas Shivaganas, Bhagavan Mahaganapati, Bhagavan Nandi	Declare Integrity to Paramashiva
MAHAKAILASA	Bhagavan Paramashiva	Ultimate experience of I am Paramashiva



Nithyananda Satsang on 16 January 2022 and 6 Febuary 2022, The SPH Nithyananda Paramashivam



Experience Your Extraordinary Powers Of Jano Loka

Jano loka is the place where you can exist in multiple bodies at a time.
Anyone who experiences Jana loka loses all violence, because you know
you exist in everyone

जनोऽष्टकोट्यवच्छिन्नः पितृजगु जनाश्रयः॥
jano'sṣṭakoṭyavacchinnahḥ pitrjahnu janāśrayah||

Above this is the Janoloka where the Pitrus and the sages such as Jahnu
and others are living. Its height is 8 crores of yojanas
Mrigendra Agama, Verse 10.117

Every Ultimate truth (Jnana) mapped into your CONSCIOUSNESS
(Pragnya) manifests as possibility and power of every being (Pragnyana)





Experience Your Extraordinary Powers Of Jano Loka

Extraordinary Powers, or *Shaktis* express from the space of Enlightenment, as a side effect of feeling connection with the Divine. Siddhis, which are powers that manifest from Tapas or penance for Enlightenment.

Shaktis are source of enlightenment. Siddhis are on path of enlightenment.

Shaktis are permanent. Siddhis are not.

The Extraordinary *Shaktis* of Paramashiva manifest through ordinary human beings in an extraordinary way after initiation from the NijaAvatar, The SPH Nithyananda Paramashivam

Siddhis divert you from enlightenment. *Shaktis* are source of enlightenment.





Experience Bhagavan Paramashiva: Being of MAHAKAILASA

KAILASA is a pure bright space. No day, no night. There is no time in KAILASA. KAILASA is beyond time. The photographs of space ... See in the photographs of space, you see huge darkness as a background and all the suns and the stars as like a lights - small, small lights. But actually from KAILASA, the whole background is extreme light. And all these suns and the stars look like a small, small, small black dust.

In KAILASA, complete light and the stars and suns looks like a small, small dust of darkness. Means, trillions of time brighter light than the sun and the stars is the KAILASA. That pure tejas!

Paramashiva of MAHAKAILASA is alive, living. He is beyond form and formlessness. And he has a form. He is beyond identity but operates through a clear defined identity of Parama, Ultimate. The ultimate form He himself describes about himself in Agama is Mahasadashiva Svarupam, with the twenty five heads and fifty hands; with the Manonmani, Parvati, Parashakti in His lap. He is available to all of you, all of us.



8 Sept 2019, Vertical Time Zones - Hindu Revelations on Nature of Reality, Cosmology & Consciousness
The SPH Nithyananda Paramashivam, <https://youtu.be/m3ivZ5nyp3U>





Science of Rituals: What You Were Never Told

The purpose of whole Hinduism is to raise you to the higher time zones. All methods, Pūjā, homa, kriya, jnana, dhyana, pranayama, pratyahara, karana, yoga, samadhi - everything in Hinduism, is to raise the frequency of your consciousness and raise you to the higher time zones.

All the deities described in Hindu traditions are independent intelligence still available to relate with all of us as energy space. Just like how every individual human beings can be contacted, related, you can have communication and communion.

All these energies or all this deities are personification of a particular energy and independent intelligence.

There are so many different kinds of rites and rituals. Hinduism has got at least few millions of rituals, not few thousands or not few lakhs, few millions of rituals. So many thousands of mudras, so many thousands of types of homa, so many thousands of types of the Pūjās; millions of rituals. We can relate with the Existence, we can relate to the Cosmic Energy through all these five elements. When you try to relate to the Cosmic Energy through a stone or a metal idol – it is called Pūjā.



10 Jan 2011 , Living with the Hindu Deities (Patanjali Yoga Sutras 95)
The SPH Nithyananda Paramashivam, <https://youtu.be/Jtr3JmdCXLw>
June 2005, Rites and Rituals- - An Updated Understanding, The SPH Nithyananda
Paramashivam, <https://youtu.be/rvSeZYpPZFM>





Science of Rituals: What You Were Never Told

The space in you, if it becomes absolutely stress free, your biological clock goes through such powerful transformation. You can just raise yourself into the vertical time zone. When your system gets into the space of zero stress, two and a half days become one day for you.

If your biological clock falls into the tune, becomes absolute stress free, you start raising to the higher spaces, vertical time zones. If you becomes stress free, your internal organs come to a unique internal conscious completion with your intra-organs. Internal organ and intra-organ, getting them aligned in a stress free way is the most beautiful life.

If the influence of consciousness in your life increases more and more, if the intensity of the consciousness increases in your life more and more, ... you raise to higher and higher zones. When the being is raised through the vertical time zones, all you need is will persistence.

Actually will persistence is made of bliss material. So more and more you learn to be blissful, more and more you will have will persistence. Will persistence, and, bliss, innocence - all these are one and the same.





Science of Rituals: What You Were Never Told

Bliss is the source material out of which will persistence is made. The quantity and intensity of that bliss you have forms the foundation for the will persistence to exist. If you want to strengthen your will persistence, work on your bliss, make yourself more and more blissful, ecstatic, joyful.

When we worry, we actually hurt ourselves. The Upanishad says *Anandam brahmyedi nabhya jaanath*, which means, do not waste this life which is bliss or ananda, which is our birthright. Every moment spent without bliss is a waste; it is disrespect to our in bliss and joy is true Pūjā.

Nothing can be compared to prayer to bust your stress. Deep feeling connection and tears rolling in your eyes and melting down, prayer to Paramaśiva intense yearning, vyakulata, talking to Paramaśiva relating to Paramaśiva- nothing can be compared to that to bust your stress. Every day Pūjā is an ultimate recharging experience. Every day Pūjā, relating with deities is the best stress buster. Touch the deities, do decoration, dress up. The Archavatar is equivalent to living Avatara. What living Avatar can do to you, an Archavatara can do.



11 November 2019, What is the best Stress Buster? <https://youtu.be/jw2sQUHVnWY>





Science of Rituals: What You Were Never Told

Pūjā is nothing but you receiving a guest with all the respect. Actually what priests do in the temple is nothing but you receiving a guest with all the respect. When a guest comes to your house, very elderly, who is supposed to be respected, we receive a person, give him a chair and give water to wash his feet or wash his hands, you are asking, 'do you want to use the bathroom'.

Giving him chair is only asanam samarpayami. Please receive the seat.

You ask him, "do you want to use the bathroom, you want towel?" – That's what they say paadyam samarpayami. They offer the water to wash the feet.

And then, of course, when a person comes you offer the flowers, you offer little flowers as a respect. They give arghyam samarpayami - flowers are offered.

Then naturally arrange for his bath and comfortable stay. That's what we say snanam samarpayami.

Then naturally you ask him to eat. Food is served – naivedyam samarpayami.





Science of Rituals: What You Were Never Told

Then you give betel leaf and betel nut – tamboolam samarpayami.

Then the end, the end of the day you put him to rest.
The same thing; that’s why we say, the Pūjā in our system is called seva. It has got one more word – serving the lord, serving the deity. We need to understand this concept of serving. Of course, for a logical person, it is very difficult to understand that energy can be alive in one stone and continuously day in and day out you can serve that energy.

Ramakrishna, when he used to do Pūjā, he says, “Sometimes I used to think whether really Devi is accepting my Pūjā or I am just wasting my time. I used to suspect whether she is really alive here or I am just sitting and wasting my time.” He says, “I used to take a thread out of my cloth and keep near her nose to see whether she is breathing or not, whether she is breathing or not”!! And of course Ramakrishna achieved the peak, achieved the ultimate experience just through rituals.

And Ramakrishna says, “When I fan the Mother, I feel that She is experiencing the cool air. I could see very clearly She is experiencing the cool air and I could see very clearly She adjusting her sari.” He says I can see She is adjusting her sari. So many beautiful experiences.





**AGAMIC GUIDELINES
ON HOW TO DO
GURU PŪJĀ**



ITEMS REQUIRED FOR PŪJĀ

1. Water
2. *Chandan* - Sandalwood Paste
3. *Kumkum* -Processed turmeric
4. *Pushpa* - Flowers
5. *Akshata* - raw rice smeared with turmeric
6. Clothes
7. Incense Stick
8. *Naivedyam* - Food Offering
9. Camphor
10. *Arati* Lamp
11. *Deepam* -ritualistic offering of light



Camphor



Akshata –
*Turmeric mixed
raw rice*



Naivedyam- rice
pudding



Deepa



Naivedyam-
raw fruits



Pushpa- flower



Chandan-
Sandalwood powder



Kumkum- processed
turmeric



Cloth



Dhupa





DECLARATION

Results May Vary. Results Not Guaranteed.



DECLARATION

Before we begin the KAILASA's Guru *Pūjā* today, we request all the participants and everybody else who is participating in this *Pūjā*, to declare the following with integrity and authenticity. If you are agree to this, please say "Yes" loudly:

- 1) I authentically cognize which is internally process, understand and declare the truth that cosmic energy exists.
- 2) I authentically cognize which is internally process, understand and declare the truth that Guru, is the *Chinmaya Vighraha* – embodiment and representation of that very cosmic energy.



DECLARATION

Before we begin the Guru *Pūjā* today, we request all the participants and everybody else who is participating in this *Pūjā*, to declare the following with integrity and authenticity. If you are agree to this, please say “Yes” loudly:

- 3) I authentically cognize which is internally process, understand and declare the truth that whatever I offer during the Guru Pūjā to Swamiji will reach the cosmic source of energy directly.
- 4) I authentically cognize which is internally process, understand and declare the truth of – “*Sohamasmi*” – that even when I pray I am Him.





VANDANAMS





VANDANAMS

|| Sadguru Vandanam ||

नित्यानन्दं परमसुखदं केवलं ज्ञानमूर्तिं
द्वन्द्वातीतं गगनसदृशं तत्त्वमस्यादि-लक्ष्यम् ।
एकं नित्यं विमलम् अचलं सर्वधी-साक्षि-भूतं
भावातीतं त्रिगुण-रहितं सदगुरुं तम् नमामि ॥

nityānandaṁ paramasukhadaṁ kevalaṁ jñānamūrtim
dvandvātītaṁ gaganasadr̥śaṁ tattvamasyādi-lakṣyam |
ekaṁ nityaṁ vimalam acalaṁ sarvadhī-sākṣi-bhūtaṁ
bhāvātītaṁ triguṇa-rahitaṁ sadgurum tam namāmi ||

Translation:

I surrender to that Sadguru who is the eternal bliss, the bestower of supreme happiness, the One, who is the embodiment of wisdom, who is beyond duality, who is omnipresent, to whom the Supreme goal is giving the Enlightenment experience, who is eternal, pure and unshakable, who is the silent spectator of all thought processes, who is beyond emotions and the who is without the three qualities called Sattva, Rajas and Tamas.





VANDANAMS

|| Guru Parampara Vandanam ||

नित्यानंदेश्वर परमशिव समारम्भां
नित्यानंदेश्वरी परामशिवशक्ति मध्यमाम् ।
अस्मदाचार्यपर्यन्तां वन्दे गुरुपरम्पराम् ॥

nithyānandeśvara paramashiva samārambhām
nithyānandeśvari paramashivashakti madhyamām |
asmat āchārya paryantām vande guru paramparām ||

In the *guru parampara vandanam* we offer our gratitude to eternal lineage to all Gurus, to all masters, I surrender to the Lineage of all the Enlightened Masters which has Sri Nithyanandeshwara Paramashiva as the beginning, Sri Nithyanandeshwari Parashakti as the middle, and my Guru Nithyananda as the entirety - from the source onwards.





VANDANAMS

|| Arunagiri Yogishvara Vandanam ||

ललाटे त्रिपुण्ड्री नितिलकृत कस्तुरी तिलकःस्फुरन् मालाधारःस्फुरित कटि कौपीन वसनः।
दधानो दुस्तारं शिरसि फणिराजम् शशिकलाम् प्रदीपःसर्वेषाम् अरुणगिरि योगी विजयते ॥

|lalāṭe tripuṇḍrī niṭilakṛta kastūrī tilakaḥ sphuraṇa mālādhāraḥ sphurita kaṭi
kaupīna vasaṇaḥ |
dadhāno dustāraṃ śirasi phaṇirājaṃ śaśikālāṃ pradīpaḥ sarveṣāṃ aruṇagiri
yogī vijayat ||

“The One who has the tripundri – the three lines of sacred ash – on His forehead, the mark of sacred musk applied on His forehead, who is the wearer of a glittering garland, who wears a loincloth on His radiantly glowing waist, who holds the unconquerable king cobra and crescent moon on His crown: victory unto Aruṇagiri Yogīśvara, the Illuminator of all beings.”

~ ARUNACALA PURĀṆAM (Verse 1) Aruṇagiri Yogīśvara Vandanam





GURU PŪJĀ



Kurma Mudra

Kurma represents spiritual stability (sthiti). Without sthiti, nothing can be achieved, not even God. Through this mudra, we stabilise our mind, body, and soul.

GURU PŪJĀ

Manasa Pūjā ॥ मानसपूज ॥

Now take some flowers in your hands and place your hands in kurma mudra and offer it along with the mantra.

ॐ हृत्पद्ममासनम् दद्यात् । सहस्रारच्युतामृतैः ।
पादम् चरणयोर्दद्यात् । मनस्तु अर्घ्यं निवेदयेत् ॥
तेन अमृतेन आचमनीयं । स्नानीयं तेन च स्मृतम् ।
आकाशतत्त्वं वस्त्रं स्यात् । गन्धस्स्यात् गन्धतत्त्वकम् ॥
चित्तं प्रकल्पयेत् पुष्पम् । धूपं प्राणान् प्रकल्पयेत् ।
तेजस्तत्त्वं च दीपार्थम् । नैवेद्यं स्यात् सुधाम्बुधिः ॥
अनाहत-ध्वनिर्घण्टा । वायुतत्त्वं च वामरम् ।
सहस्रारं भवेच्छत्रम् । शब्दतत्त्वं च गीतकम् ॥



Kurma Mudra

Kurma represents spiritual stability (sthiti). Without sthiti, nothing can be achieved, not even God. Through this mudra, we stabilise our mind, body, and soul.

GURU PŪJĀ

Manasa Pūjā ॥ मानसपूज ॥

Now take some flowers in your hands and place your hands in kurma mudra and offer it along with the mantra.

नृत्यमिन्द्रिय-कर्माणि । चाञ्चल्यं मनसस्तथा ।
सुमेखलां पद्ममालाम् । पुष्पं नानाविधं तथा ॥
अमायाद्यैर्भावपुष्पैः । अर्चयेत् भावगोचरम् ॥
अमायं अनहङ्कारं । अरागं अमदं तथा ॥
अमोहकं अदम्भञ्च । अद्वेष-अक्षौभकौस्तथा ।
अमात्सर्यं अलोभं च । दश पुष्पं विदुर्बुधाः ॥
अहिंसा परमं पुष्पं । पुष्पं इन्द्रियनिग्रहः ।
दयापुष्पं क्षमापुष्पं । ज्ञानपुष्पं च पञ्चमं ।
इति पञ्चदशैर्भाव-पुष्पैः । सम्पूजयेत् सद्गुरुम् ॥





Kurma Mudra

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GURU PŪJĀ

Manasa Pūjā ॥ मानसपूज ॥

Now take some flowers in your hands and place your hands in kurma mudra and offer it along with the mantra.

om hr̥tpadmamāsanam dadyāt | sahasrāracyutāmṛtaiḥ |
pādyam caraṇayordadyāt | manastu arghyaṃ nivedayet ||
tena amṛtena ācamaṇīyaṃ | snāṇīyaṃ tena ca smṛtam |
ākāśatattvaṃ vastraṃ syāt | gandhassyāt gandhatattvakam ||
cittaṃ prakalpayet puṣpam | dhūpaṃ prāṇān prakalpayet |
tejasstattvaṃ ca dīpārtham | naivedyaṃ syāt sudhāmbudhiḥ ||
anāhata-dhvanirghaṇṭā | vāyutattvaṃ ca cāmaram |
sahasrāraṃ bhavecchatram | śabdatattvaṃ ca gītakam ||
nṛtyamindriya-karmāṇi | cāñcalyaṃ manasastathā |



Kurma Mudra

Kurma represents spiritual stability (sthiti). Without sthiti, nothing can be achieved, not even God. Through this mudra, we stabilise our mind, body, and soul.

GURU PŪJĀ

Manasa Pūjā ॥ मानसपूज ॥

Now take some flowers in your hands and place your hands in kurma mudra and offer it along with the mantra.

sumekhalāṃ padmamālāṃ | puṣpaṃ nānāvidhaṃ tathā ॥
amāyādyairbhāvapuṣpaiḥ | arcayet bhāvagocaram ॥
amāyaṃ anahaṅkāraṃ | arāgaṃ amadaṃ tathā ॥
amohakaṃ adambhañca | adveṣa-akṣaubhakaustathā |
amātsaryaṃ alobhaṃ ca | daśa puṣpaṃ vidurbudhā: ॥
ahimsā paramaṃ puṣpaṃ | puṣpaṃ indriyanigraha: |
dayāpuṣpaṃ kṣamāpuṣpaṃ | jñānapuṣpaṃ ca pañcamam ॥
iti pañcadaśairbhāva-puṣpaiḥ | sampūjayet bhagavantam sri nithyānanda
paramashivam ॥





GURU PŪJĀ

Now please offer water at swamiji's paduka

ॐ हीम् एतत् पाद्यम् सर्वं देव देवी स्वरूपाय भगवच्छ्री नित्यानन्द परमशिवाय नमः॥
'Om hrīm ētat pādyam sarva dēva dēvī svarūpāya bhagavachrī
nityānanda paramaśivāya namaḥ ॥

Now please offer arghya at swamiji's paduka

ॐ हीम् एशो अर्घः सर्वं देवदेवी स्वरूपाय भगवन् श्रि नित्यानन्द परमशिवाय नमः
'Om hrīm ēśō arghaḥ sarva dēva dēvī svarūpāya bhagavachrī
nityānanda paramaśivāya namaḥ ॥

Now please offer water at swamiji's paduka

ॐ हीम् इदं आचमनीयं सर्वं देव देवी स्वरूपाय भगवच्छ्री नित्यानन्द परमशिवाय
नमः ॥
om hrīm idam ācamanīyodakam sarvadevadevīsvaṛupāya sadguru-
nityānandāya svadhā ॥





GURU PŪJĀ

Now please offer water at swamiji's paduka and ring the bell simultaneously with your left hand

ॐ हीम् इदं स्नानीयम् सर्व देव देवी स्वरूपाय भगवच्छ्री नित्यानन्द परमशिवाय नमः ॥
om hrīm idam snānīyodakam sarvadevadevīsvarupāya sadgurunityānandāya
Nivedayāmi ॥

Now please take vastram and wave it at swamiji's paduka

ॐ हीम् इदं वस्त्रं सर्व देव देवी स्वरूपाय भगवच्छ्री नित्यानन्द परमशिवाय नमः ॥
'Om hrīm idam vastram sarva dēva dēvī svarupāya bhagavachrī nityānanda
paramaśivāya namaḥ ॥

Now please smear sandalwood paste at swamiji's paduka

ॐ हीम् एष गन्धः सर्व देव देवी स्वरूपाय भगवच्छ्री नित्यानन्द परमशिवाय नमः ॥
om hrīm eṣa gandhaḥ sarvadevadevīsvarupāya sadguru-nityānandāya
namaḥ ॥



GURU PŪJĀ

Now please offer flower smeared with gandha at swamiji's paduka

ॐ हीम् इदं सच्चंदन पुष्पं सर्व देव देवी स्वरूपाय भगवद्ग्री नित्यानन्द परमशिवाय नमः

॥

om hrīm̄ etāni sacandana puṣpāṇi sarvadevadevīsvarūpāya sadguru-nityānandāya vauṣaṭ ॥

Now please offer bilva leaf smeared with gandha at swamiji's paduka

ॐ हीम् इदं सच्चंदन बिल्वपत्रम् सर्व देव देवी स्वरूपाय भगवद्ग्री नित्यानन्द परमशिवाय

नमः ॥

om hrīm̄ etāni sacandana-bilvapatrāṇi sarvadevadevīsvarūpāya sadguru-nityānandāya vauṣaṭ ॥





GURU PŪJĀ

Now please wave the lit dhupa sticks at swamiji's paduka. please ring the bell as you do so.

ॐ हीम् एश धूपः सर्व देव देवी स्वरूपाय भगवद्ग्री नित्यानन्द परमशिवाय नमः ॥
om hrīm eṣaḥ dhūpaḥ sarvadevadevīsvarūpāya sadguru-nityānandāya
namaḥ ॥

Now please wave lit lamp at swamiji's paduka. Please ring the bell as you do so.

ॐ हीम् एश दीपः सर्व देव देवी स्वरूपाय भगवद्ग्री नित्यानन्द परमशिवाय नमः ॥
om hrīm eṣa dīpaḥ sarvadevadevīsvarūpāya sadguru nityānanandāya
namaḥ ॥





GURU PŪJĀ

Now please offer naivedyam at swamiji's paduka

ॐ हीम् इदं सोपकर्ण नैवेद्यं सर्व देव देवी स्वरूपाय भगवद्ग्री नित्यानन्द परमशिवाय
नमः ॥

om hrīm idam sopakaraṇa naivedyam sarvadevadevīśvarupāya sadguru-
nityānandāya nivedayāmi ॥

Now please offer water at swamiji's paduka

ॐ हीम् इदं पानार्तोदकम् सर्व देव देवी स्वरूपाय भगवद्ग्री नित्यानन्द परमशिवाय नमः
॥

om hrīm idam pānārtodakam sarvadevadevīśvarupāya sadguru-
nityānandāya namaḥ ॥



GURU PŪJĀ

Now please offer water at swamiji's paduka.

ॐ हीम् इदं पुनराचमनीयम् सर्व देव देवी स्वरूपाय भगवद्ग्री नित्यानन्द परमशिवाय
नमः ॥

om hreem idan punaraachamaneeyam sarv dev devee svaroopay
bhagavachhree nityaanand paramashivaay namah ॥





GURU PŪJĀ

Now please take lit camphor and wave at swamiji's paduka

॥ आरात्रिकम् ॥ *Aratrikam* ॥

राजाधि॒राजाय॑ प्रस॒हयसा॒हिने॑ । नमो॑ व॒यम् वैश्र॑व॒णाय॑ कु॒र्महे । स मे॑ का॒मान् काम॑ का॒माय॑ मह॒यम् ।
का॒मे॒श्वरो॑ वैश्र॒वणो॑ द॒दातु॑ । कु॒बे॒राय॑ वैश्र॒वणाय॑ । म॒हा॒राजाय॑ नमः॑ ॥

oṃ hrīm eṣhā dīpamālā sarvadevadevīśvarupāya bhagavan sri nityānandā
paramaya namaḥ ॥

oṃ rājādhi rājāya prasahya sāhine । namo vayaṃ vaiśravaṇāya kurmahe । sa me
kāmān kāmakāmāya

mahyaṃ । kāmēśvaro vai śravaṇo dadhātu । kuberāya vaiśravaṇāya ।
mahārājāya namaḥ ॥





GURU PŪJĀ

Now please take lit camphor and wave at swamiji's paduka

॥ आरात्रिकम् ॥ *Aratrikam* ॥

कर्पूरगौरं करुणावतारं संसारसारम् भुजगेन्द्रहारम् ।
सदावसन्नं हृदयारविन्दे भवं भवानीसहितं नमामि ॥

Karpūragauram karuṇāvatāram sansārasāram bhujagēndrahāram.
Sadāvasantam hṛdayāravindē bhavam bhavānīśahitam namāmi.

॥ आरात्रिकम् समर्पयामि सद्गुरु चरन कमलेभ्यो नमः ॥
ārātrikam samarpayāmi sadguru-caranakamalebhyo namaḥ ॥





GURU PŪJĀ

Now please take some flowers in your hand and offer it at swamiji's paduka along with the mantra

॥ पुष्पांजलिः ॥ pushpaanjaliḥ ॥

गुरुर्ब्रह्मा गुरुर्विष्णुर्गुरुर्देवो महेश्वरः ।
गुरुर्शाक्षात् परं ब्रह्म तस्मै श्रीगुरवे नमः ॥

gururbrahmā gururviṣṇuḥ gurur devo maheshvaraḥ ।
guruḥ sāksāt paraṁ brahma tasmai śrīgurave namaḥ ॥

अखण्डमण्डलाकारं व्याप्तं येन चराचरम् ।
तत्पदं दर्शितं येन तस्मै श्रीगुरवे नमः ॥

akhaṇḍamaṇḍalākāraṁ vyāptaṁ yena carācaram ।
tatpadaṁ darśitaṁ yena tasmai śrīgurave namaḥ ॥





GURU PŪJĀ

ज्ञानाञ्जनशालाकया ।
चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः ॥

ajñānatimirāndhasya jñānāñjana śalākayā ।
cakṣurunmīlitaṃ yena tasmai śrīgurave namaḥ ॥

अनेकजन्मसम्प्राप्तकर्मेन्धनविदाहिने ।
आत्मज्ञान प्रदनेन तस्मै श्रीगुरवे नमः ॥

anekajanma-samprāpta- karmabandha-vidāhine ।
ātmajñāna pradānena tasmai śrīgurave nama

॥मन्नाथः श्रीजगन्नाथो मदुरुः श्रीजगद्गुरुः ।
मदात्मा सर्वभूतात्मा तस्मै श्रीगुरवे नमः ॥

mannāthaḥ śrījagannātho madguruḥ śrījagadguruḥ ।
mamātmā sarvabhūtātmā tasmai śrīgurave namaḥ ॥





GURU PŪJĀ

ईश्वरो गुरुरात्मेती मूर्तिभेद विबाग्निने ।
व्योमवदव्याप्त देहाय दक्षिणामूर्तये नमः ॥

Īśvarō gururātmētī mūrtibhēda vibāginē.
Vyōmavadvyāpta dēhāya dakṣiṇāmūrtayē namaḥ

नित्यानन्दं परमसुखदं केवलं ज्ञानमूर्तिं
दृग्द्रातीतं गगनसदृशं तत्त्वमस्यादिलक्ष्यम् ।
एकं नित्यं विमलम् अचलं सर्वधी-साक्षी-भूतम्
भावातीतं त्रिगुणरहितं सदुरु तम् नमामि ॥

Nityānandaṁ paramasukhadaṁ kēvalaṁ jñānamūrtiṁ
dvandvātītaṁ gaganasadṛśaṁ tattvamasyādilakṣyam.
Ēkaṁ nityaṁ vimalaṁ acalaṁ sarvadhī-sākṣī-bhūtaṁ
bhāvātītaṁ triguṇarahitaṁ sadguruṁ taṁ namāmi.

पुष्पांजलिं समर्पयामि सदुरु चरन कमलेब्यो नमः

puṣpāñjaliṁ samarpayāmi sadguru-caraṇakamalebhyo Namaḥ

॥ॐ नित्यानन्दं ॥



EXPERIENCE
EXTRAORDINARY SHAKTIS
OF MAHAR LOKA





Manifest The Power of Third Eye

One of the most visible expressions of Third Eye AwakeningSM is the ability to read using the Third Eye or Ajna Chakra instead of using the two physical eyes. As thousands are successfully demonstrating worldwide, it is possible to perform a range of tasks, including reading, painting, recognizing colors, shapes and objects - all the while blindfolded.

The science of Third Eye AwakeningSM and blindfold reading has been demonstrating and revolutionizing the understanding of the actual role of the two eyes as the sole visual sensory organ of our body. It is bringing back the best of Hinduism's heritage alongside modern education. It brings one to the question of differences in the cognitive processes involved in reading with the physical eyes versus reading with the Third Eye.

In SPH's own words:

“The Third Eye is a natural superpower available to every human being. Just like the two eyes you have, you have a third possibility, with which you can perceive not only the whole world, but the whole cosmos. It is called your Third Eye, and it is located at the point between your eyebrows and nose. It is known as an intra-organ. Your heart and lungs are internal organs, whereas your Third Eye is an intra-organ. It can be used not only to see, but to hear, touch, feel and work as well.





Manifesting The Power of JANO Loka: Śāstra Pramāṇa:



कपालान्तरं मनोन्यस्य तिष्ठन् मीलितं लोचनः ।
क्रमेण मनसो दाढ्यात् लक्षयेत् लक्ष्यम्-उत्तमम् ॥ ३४ ॥
kapālāntar-mano nyasa tiṣṭhan-mīlita locanaḥ |
kramena manaso dāḍhyāt lakṣayel-lakṣyam-uttamam || 34||
Translation

By fixing the mind on the inner space within the crown center and sitting stably without any movement having the eyes closed, in succession, by that stability of the mind and inner space (through the power of the third eye), one directly sees the ultimate goal [lakshyam] by having the vision beyond the sight, that reveals any object or place, attaining the space of Oneness with the Source, Paramashiva.

Source: Dharana 11, Sutra 34 *Vijnana Bhairava Tantra*, Kashmir Shaivism,
Categorised under Agama <https://kailaasa.org/nithyananda-library/>





Apta Pramāṇa:

Authorities of Hinduism, the Vedic Rishis and scientists who time tested and verified the science

न तु मां शक्यसे द्रष्टुमनेनैव स्वचक्षुषा |
दिव्यं ददामि ते चक्षुः पश्य मे योगमैश्वरम् || 8||

Bhagavan Krishna says to Arjuna:

But you cannot see my cosmic form with these physical eyes of yours.
Therefore, I grant you divine third-eye vision. Behold my cosmic opulence!

In the Hindu Purana Bhagavad Gita, Bhagwan Krishna initiates Arjuna into the power of third eye to behold Krishna's Vishwarupa darshan (the vision of His cosmic form). The 11th chapter of Bhagavad Gita which contains the description of Bhagwan Krishna's cosmic form is completely narrated by Arjuna, as he sees Bhagwan Krishna through the third eye.



Source: Bhagavad Gita, chapter 11, verse 8



Atma Pramāṇa:

Account of SPH Nithyananda Paramashivam, this millennium's Avatar personal experience

In SPH's own words, "The first experiences that I was able to see everything around Me, above Me, the whole 360 degree, ten directions, below Me, everything, I realized not only I was able to see, I was able to feel, experience. I felt that the skin of the stone on which I was sitting and the skin of this body both carry Me equally; in both I exist equally. The air, the breeze, the setting sun, raising moon, the whole Arunachala hill, all the plants, bush, shrubs, trees, everything, everything, everything, just become so alive! The idea something is inside, and something is outside, is completely lost. First I was able to see all the ten directions 360 degree, the next moment itself I realized, not only I'm able to see, I'm able to experience all of that as Me."





Manifesting The Power of Jano Loka: Reading Blind Folded

STEP 1:

Please open your timestamp camera and turn on the video recording

STEP 2:

Now please close your eyes and blindfold yourself with an eye band/opaque cloth.

STEP 3:

Acharya will project for you. Begin verbalizing whatever is being revealed through the Third Eye.

STEP 4:


Please take a few minutes to type down what was revealed to you in your third eye. Now please upload your power manifestation videos, pictures and post your answers on social media






Share Your Sakshi Pramāṇa

On The SPH Nithyananda Paramashivam events page share your powerful clicks, message and Sakshi Pramana of pictures from power manifestation of feeding Mahaganapati to encourage your friends and family and to receive blessings from The SPH Nithyananda Paramashivam!

 /ParamahamsaNithyananda

 /NithyanandaTV

 @srinithyananda

 @SriNithyananda



|| Poorna Mantra ||

पूर्णमदः पूर्णमिदम् पूर्णात् पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

Poornamadha Poornamidham Poornaath
Poornam Udhachyathey |

Poornasya Poornamaadhaaya
Poornamevaavasishyathey ||

“From the space of Completion only
Completion comes out. Even when Completion
comes out, Completion remains as Completion.
When the Completion goes back, Completion
remains as Completion”.



